

CS

BEST

STYLE
CULTURE
HOME
FOOD
NIGHTLIFE
ONLY IN
CHICAGO!

THE RADAR | NOW!

NUMBER CRUNCH

895

The price of Equinox's flagship Tier IV Fitness Assessment. Think you're in "decent shape?" Dare to take a cold, hard look into the real state of your overall health with this intense wellness assessment. Available at Equinox in the Loop, it includes a battery of computer-aided, high-tech diagnostic tests to discover where you need to improve to reach great—or even satisfactory!—health. The goal isn't to bulk up, but rather to assess things like standing and active metabolic rate; psychological health; anaerobic threshold; aerobic capacity; functional movement; and fat and lean mass. Be warned: Even gym rats with great diets may be surprised at the results.

BILL LASCHE

Lincoln Park, interior designer, Bill Lasche Ltd.

What's your plan for the night? "At midnight I will be home in bed with Wally and Fred... my dogs!"

DIANA ZAMUDIO

Old Town, VP commercial banker, Fifth Third Bank

"My favorite part of the evening has been purchasing a David Yurman diamond crossover cross necklace, but I better leave before the Champagne kicks in and I buy something else!"

RICK GRESH

Round Lake, executive chef, David Burke's Primehouse

"I have been working with Vital Bridges since they started. I've donated many auction items over the years including dinner in your home cooked by me."

KHQA HO

Edgewater, VP investor services

"There are only two things I want for Christmas... World peace and jewelry."

AMANDA PUCK

Gold Coast, EVP public relations, XA

"Why is this guy standing in the corner taking pics all night long? Oh! Voyeur!"

SUZANNE KOPULOS

Bridgeport, co-founder, Garmental.com

"Why is this the night I decided to wear my hair in a bun? I thought I was going out for 30 minutes and no one would notice me. I got caught!"

CAROL WALLACK

River North, executive chef and owner, Sola Restaurant

"I hope I don't have anything in my teeth for the pictures."

VOYEUR

Party With A Purpose

Thursday, 6PM On a snowy evening on Oak Street, David Yurman and Vital Bridges hosted VIP clients for charitable shopping. Guests admired signature gold and silver designs adorned with diamonds, pearls and gemstones while enjoying Champagne and hors d'oeuvres by Finesse Cuisine. A percentage of proceeds benefited Vital Bridges' mission to serve those impacted by HIV/AIDS. After all, 'tis the season to shop and share good fortune. —K.W.S. and Sara Hetland

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